



**BJJ Teens
7yrs+**

**BJJ
BEGINNERS
13Y & Adults**

**BJJ
Advanced**

**BJJ
No Gi**

**BJJ
Judo**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**BJJ Teens 7yrs+
10:00am
10:50am**

**BJJ JUDO
11:00 - 12:30**

**Beginners 13+
& Adults
5:00pm 5:50 pm**

**BJJ Teen 7yrs+
5:00pm
5:50pm**

**BJJ Teen 7yrs+
5:00pm
5:50pm**

**BJJ Teen 7yrs+
5:00pm
5:50pm**

**Beginners 13+
& Adults
6:00pm 7:30 pm**

**Beginners 13+
& Adults
6:00pm 7:30 pm**

**BJJ No Gi
6:00 pm
7:30 pm**

**BJJ Advanced
6:00pm - 7:30pm**

**BJJ No Gi
6:00 pm
7:30 pm**

**BJJ Advanced
7:30pm - 8:30pm**

**BJJ Advanced
7:30pm - 8:30pm**

**Beginners 13+
& Adults
7:30pm 8:30 pm**

**Beginners 13+
& Adults
7:30pm 8:30 pm**

**Contact Us
Today!**

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